



Advice for getting through a divorce

BY DEBBIE MARTINEZ



My soon-to-be-ex and I are fighting over what the contents of our house are worth.

I've come up with my list and he has come up with his, and neither of us is budging. How can we resolve this?

Usually settling on contents is not a War of the Roses, but since it has become one, I consulted Monica Fidel, an appraiser, for guidance on this issue. This is what she had to say:

“When going through a divorce, many times it is worthwhile and other times necessary to have the marital personal property appraised. An appraisal by a qualified, independent appraiser would satisfy both parties and, when needed, the court because that appraiser is a neutral and not an advocate for either party. The appraiser is able to

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appraise the entire house or high value items. There is an onsite inspection, photographs and valuation analysis.”

So, if a glass of wine, pad and pen can't settle this dispute, call a professional and move on. Your new life and decorator are waiting! Monica can be reached at 305-776-6481 or <monica@mfgappraisals.com>.

My ex-husband dating has really become a problem. I hear from people that he is always out with different women and raising hell. I try to talk to him about it and he tells me to mind my own business. I just don't think his behavior is appropriate for a father. How can I get him to understand?

I believe he is correct in

telling you to mind your own business. I will assume since you didn't specifically mention it was affecting the children that he is abiding by the MSA when it comes to his parenting duties. What he does when he is not with the children is really none of your concern. How easy it is to get focused on someone else and their problems/lives; that way, you are able to ignore your own. Stop looking over the fence into his backyard and let go.

Note to Self:

Today I will focus on my new beginnings.

Debbie's Library –

Illusions by Richard Bach

Debbie Martinez is a Certified Life Coach specializing in divorce, relationships and women's issues. She has given workshops on various topics and has offices in South Miami. For more information, go to <www.thepowerofdivorcecoach.com> or call 305-984-5121.